

Natural Lifestyle Product Spotlight

Vegetal Silica



Beauty Secret of the stars

The effect of silica on physical appearance is being touted by personalities noted for their striking, healthy appearance. According to an article appearing in the Swedish newspaper Halsoblast, Joan Collins, Goldie Hawn, and Barbra Streisand all credit their youthful appearance to Dr. Kervran's patented vegetal silica. Goldie Hawn was said to find his special water soluble extract of silica from Spring Horsetail extremely beneficial for growing thick, healthy-looking hair. Joan Collins and Barbra Streisand were quoted as using it for longer, stronger nails and firm, supple skin.

Soft Skin

Silica levels in the skin decrease with age. The finding that aged skin tends to be less elastic strengthens the theory that silica has an elastogenic function. Research by Hort and Osborne demonstrated the essential role silica had on maintaining supple skin. Silica supplementation can assist in keeping your skin youthful and soft.

Beautiful Nails

Brittle nails are an early symptom of calcium imbalance. French researchers Kervran, Charnot and Monceaux found that with silica supplementation, fragile nails became normal in a relatively short period of time. A regular intake of silica will help you grow strong, healthy nails that will not break or split easily.

Healthy Hair

Silica can noticeably improve hair texture. It strengthens hair tissue and helps eliminate split ends, making hair look shiny and thick. Flora, Inc. has created a special silica shampoo formulated with organic vegetal silica to give hair the added benefits of silica in a topical preparation.

Used in conjunction with Flora's VegeSil silica capsules, hair can be strengthened and revitalized in a short time.



Are You Getting Enough Silica?

For too many people the answer is no. The reason is the over-refining and processing of our grains and cereals.

With the removal of their outer casing, valuable silica is lost. Without silica the skin loses elasticity and hair and nails become brittle.

Can this be prevented? Yes, the best way is to change the diet, but it takes time to honor that commitment. Can something be done right away to get a good start? Yes, supplement that healthier way of eating with VegeSil. Why VegeSil? Because the vegetal silica in soluble bioflavonoids. These organic compounds take silica by the hand so to speak and help it to "swim" its way through the intestinal wall into the blood stream. Only silica chelated with bioflavonoids will have the highest bio-availability and assimilation by the body, approaching 100%.

More Than Silica

The proven effectiveness of VegeSil is due to the soluble silica content and the synergistic balance of all the trace elements. Clinical studies, research and personal testimonials from around the world have supported its benefits.

Mineral mg/capsule	Mineral mg/
Silica 11.0 mg	Potassium 65.10 mg
Iron 0.07 mg	Boron 0.03 mg
Calcium 18.60 mg	Manganese 0.038 mg
Magnesium 8.65 mg	Phosphorus 1.84 mg